## Full Moon Series

Tap Into the energy of the cosmos and join us in our monthly full moon series where we will guide you through a spiritual journey with a full moon vinyasa practice, sound bath, music, and guided meditation. Afterwards, stay and mingle around a fire where we will be hosting social hour for intention burning, henna tattoos, and card readings.

Thursday, June 24th

Saturday, July 24th

Sunday, August 22nd

6pm-8pm (all 3 dates)
Social hour to follow

\$40 admission (Henna and readings for an additional cost) SIGN UP (pre-registration required)

bayyoga.com

momoyoga app

contact Amy @ 920.544.7668

Follow us on facebook @ Bay Area Yoga Center

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